



Awakening Consciousness

Newsletter – November 2004

Welcome to the first *Awakening Consciousness* newsletter. It's my intention for this to be an occasional publication offering information on working with conscious intent and to bring you up to date on the events I'm involved with.

Namaste ... Altazar Rossiter

The Akashic Field

There is a growing awareness that the ground of all being is the universal field of consciousness that quantum physics calls the Zero Point Field. This field is also known by many other names, among them the *Akashic Field*, *The Source* and *The All That Is*.

We can only exist within this field and because of it. It must therefore be *in*-forming us all the time. And if this is the case, how can we become aware of it, and how can we engage with it consciously?

The answer to this is through *Spiritual Intelligence* and **conscious intent**.

The nature of the *field* is that it is quiescent, yet pregnant with infinite possibilities which it manifests upon receiving the relevant instructions. It waits for our instructions, which take the form of setting and giving intent. This is a thought process by which we condition the aspect of the *field* that is integral with our individual life form. Our thought creates a disturbance in the *field* that ripples outwards. The more focused intent we hold in this process the more creative (or destructive) force is harnessed to it. The field is in actuality constantly manifesting the unconscious creations of scattered and unfocused intent.

So what would happen if we became more conscious of our creative effect, and focused on clearing up the mess that we've created through ignorance and *unconsciousness*? I believe that to do this is to perform a service to ourselves and the entire universe we inhabit.

Facilitator Training Begins

The facilitator training programme got off to a flying start in the Netherlands earlier this month (November). We had an international group with participants from England, Germany, Holland, Belgium, the US and South Africa.

One of the most powerful experiences of the weekend coincided with the Remembrance Day ceremonies in Europe. Unhealed issues of World War II emerged as a major in-forming trauma of the group's combined cultural heritage. The inner conflict surfaced between knowing that the Nazi atrocities occurred long before the birth of a German participant and an implicit residual shame of being German. There were tears all round when a Jewish participant spoke aloud: "I'm willing to be the Jew that forgives." - contributing our own collective ripple to the field.

The programme is set to grow into a project offering an unparalleled opportunity for trainers, facilitators and healers of all disciplines to develop their sensitivity and ability to work at the deepest soul levels. In the light of the profound experiences shared this weekend we have elected to keep the ongoing training groups open so that participants may join at any point in the programme. See below for more details.

Diary - 2005 (see overleaf for more information)

Feb. 19th/20th, Bath - Awakening Consciousness
Living the Truth ... Contact: Jane Shepherd on 01225 834 335

Feb. 25th/26th/27th, Totnes - Awakening Consciousness
Finding Your Essence ... Contact: Suzy Kerr on 01803 865 326

March 12th/15th, De Voorde - Netherlands
Working With Conscious Intent - On-going Facilitator Training
Contact: Shapers of Education +31 (0)38 4 20 20 29
www.shapersofeducation.org

March 31st/April 3rd Liverpool - SEAL Conference
see www.seal.org.uk ... +44 (0)20 8365 3869

April (date TBA), Sussex - Awakening Consciousness
Contact: Natasha Shaw 01444 891 074

May 20th/22nd, De Voorde - Netherlands
Working With Conscious Intent - On-going Facilitator Training
Contact: Shapers of Education (as above)

June, 12th-15th NexusEQ Emotional Intelligence World Summit
Zuiderduin, Holland ... www.nexuseq.com

September 24th/27th, De Voorde - Netherlands
Working With Conscious Intent - On-going Facilitator Training
Contact: Shapers of Education (as above)



More information is available at www.altazarrossiter.com

I can be contacted on +44 (0)20 8365 2099 ... or by emailing me at support@altazarrossiter.com

© 2004 Dr Altazar Rossiter BA (Hons) PhD - Personal Transformation & Management Development Consultant



Awakening Consciousness

Newsletter – November

2004

2005 Workshop Information

Feb. 19th/20th, Bath - More dates to be announced

10:00am - 5:30pm both days.

£125

Awakening Consciousness - Living the Truth

It is a characteristic of human beings to bury our inner truth. We have learned to do this from an early age because our survival seemed to depend upon it. Very little in our world echoed to the sound of truth - it was quite the reverse for most of us. This workshop seeks to connect with the *Akashic Field* and restore us to a knowing expression of truth, healing the deep unconscious conflicts and incongruences that have arisen out of losing the connection to our authentic selves.

... For booking details contact Jane Shepherd on 01225 834 335

Feb. 25th/26th/27th, Totnes - Devon

Awakening Consciousness - Finding Your Essence

The *Essence of your Presence* is the energy signature of who you are at a cosmic level; the part of you that condenses out of the *Akashic Field* to inhabit a physical body. Your Essence knows everything about who you are and what nourishes you and supports you in life. This workshop will strengthen your connection to the *Essence of your Presence* and heal the cellular memory of ancient traumas that caused the disconnection.

... For costs and booking details contact Suzy Kerr on 01803 865 326

March 12th/15th, De Voorde - Netherlands

May 20th/22nd, De Voorde - Netherlands

September 24th/27th, De Voorde - Netherlands

Working With Conscious Intent - On-going Facilitator Training

This is an intensive training specially designed for pioneering professionals of human learning, trainers, coaches, facilitators and healers. It supports the realisation of a diversity of desirable changes in both your professional life and personal expression. Learn to exploit the *Akashic Field* using problems and limitations as the keys to accelerated growth, allowing solutions to reveal themselves optimally from the field rather than a learned technique. This develops the personal and transpersonal strength necessary to allow miracles to manifest through you in a professional world craving for a deeper, wider, more meaningful learning.

... For costs and booking contact: Charlotte Korbee at Shapers of Education +31 (0)38 4 20 20 29
www.shapersofeducation.org

March 31st/April 3rd, Liverpool

Learning - The Inner Dimension

International SEAL Conference with the International Council for Self-Esteem

Exploring the mystery of who you are - preconference workshop, and presentations within the conference.

... see www.seal.org.uk ... +44 (0)20 8365 3869

April (date TBA), Sussex

Awakening Consciousness - Exploring the Mystery of Who You Are

10:00am - 5:30pm both days.

£125

Find out what it's like to embrace the wisdom of your own being. This wisdom is always available to you, though the necessities of everyday living tend to obscure it. The wisdom of your being knows exactly what you need to evolve and live in harmony. Connecting consciously with this part of yourself reclaims your power from all the situations where you've placed it outside yourself. It brings you to a new understanding, and a greater manifestation, of your infinite potential as a human being.

... For booking details contact: Natasha Shaw 01444 891 074

June 12th/15th, Zuiderduin, Holland

Leading with Emotional Intelligence - Tools and Wisdom for a Sustainable World

NexusEQ World Summit on Emotional Intelligence ... see www.nexuseq.com

Emotional Intelligence - The Treshold of the Soul - evening workshop (June 13th).

More information is available at www.altazarrossiter.com

I can be contacted on +44 (0)20 8365 2099 ... or by emailing me at support@altazarrossiter.com

© 2004 Dr Altazar Rossiter BA (Hons) PhD - Personal Transformation & Management Development Consultant